

Our office staff will call you the day before your surgery to confirm your arrival time at the Silverton Hospital Admitting/Information desk. **Your surgery is scheduled at:**

Silverton Hospital
342 Fairview Street
503.873.1500

Please review the surgery prep instructions below. If you have any questions, please call the office at 503.873.5310.

ONE WEEK BEFORE PROCEDURE

- Continue any medications you normally take with the exception of aspirin which should be discontinued one week before and one week after your surgery.
- Please obtain a prescription for **Suprep** or **Nulytely** bowel prep kit from your pharmacy.
- Purchase clear liquids.

DAY BEFORE PROCEDURE

- **No solid food** the day before the procedure.
- Do not drink any coffee but tea is okay. (Nothing red in color).
- Drink a lot of clear liquids (e.g. Jell-O, water, clear juices without pulp, or clear soup broth) throughout the day and follow these prep instructions:
 - **1 p.m.** -- take your first dose of antibiotics
 - **2 p.m.** -- take your second dose of antibiotics
-- drink the first bottle of the Suprep or Nulytely and refrigerate the second bottle
 - **7 p.m.** -- drink the second bottle of Suprep or Nulytely
 - **11 p.m.** -- take your last dose of antibiotics
- Do not eat or drink anything after midnight. Pre-arranged medication can be taken with a small sip of water.

DAY OF PROCEDURE

- Do not drink any liquids or consume any food on the day of the procedure.

WEEK FOLLOWING PROCEDURE

- You may resume taking aspirin, if applicable.